

## Adult 50+ Activities Survey Results

#### 1. What is your Name? (Optional)

■ Answered: 28 Skipped: 21

#### 2. What is your primary phone (optional)

Answered: 24 Skipped: 25

#### 3. What is your email address (optional)?

Answered: 18 Skipped: 31

#### 4. What age group are you in?

Answered: 47 Skipped: 2

50-55	21.28%(10)
55-60	17.02%(8)
60-65	31.91%(15)
65-70	17.02%(8)
70-75	12.77%(6)
75-80	0.00%(0)
Over 80	0.00%(0)
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### 5. In the past year have you participated in any of the following?

Answered: 15 Skipped: 34

Senior Social at the Community Center 20.00%(3)Heard a speaker at the Community Center 53.33%(8) Gone on a trip offered by the Recreation Dept 40.00%(6) Participated in Yoga, Tai Chi or Jazzercise at 33.33%(5) the Community Center

#### 6. If you answered no to #5 please explain

Answered: 31 Skipped: 18

Wasn't aware of the activities 45.16%(14) 38.71%(12) Wasn't interested in the speaker/activity Had no transportation to or from 3.23%(1)

activity/speaker

Other 32.26%(10)

#### 7. If you selected "OTHER", please explain below.

Answered: 11 Skipped: 38

- I just moved to Moultonborough on February 1, 2010.
- programs are not very appealing and space is awful. It is dirty and unpleasant to
- I have not been interested in the speakers and I take care of my own social and recreational needs

- No interest till retired ... 3 more years.
- Not only not aware but I didn't know we HAVE a community center
- No desire to participate in anything offered.
- No interest in participating in the senior center
- I am NOT interested any Recreational or Community Center activities whatsoever
- I don't know where the senior center is, I can't seem to find an address.
- Work full time and not available during the week to participate in these activities.
- I didn't know we have a Community Center

#### 8. Do you attend the Senior Meals Program at the Lion's Club?

Answered: 46 Skipped: 3

Yes 15.22%(7) No 84.78%(39)

#### 9. Are you interested in participating in any of the following activities?

Answered: 28 Skipped: 21

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Card Games/Cribbage	35.71%(10)
Board Games	10.71%(3)
Sing Alongs	3.57%(1)
Karaoke	0.00%(0)
Trivial Pursuit	7.14%(2)
Bingo	7.14%(2)
Movies	53.57%(15)
Other	32.14%(9)

#### 10. If you answered "Other", please identify below.

Answered: 10 Skipped: 39

- field trips/ outdoor activities
- more exercise programs suited to physcially fit adults, more active things like outdoor programs, more things to build bonds in a more pleasant setting.
- No- see my answer to #7; I do not find a need for the taxpayer to provide such things.
- exercise programs
- hikes, outings to local restaurants, attendance at current affairs presentations
- Yoga
- travel, local trips, hiking
- No thanks
- I would likely participate in yoga if I could find it and if the times are convenient.
- bus trips exercise classes

# 11. Would you be interested in taking any of the following Educational Classes?

Answered: 34 Skipped: 15

Photography	44.12%(15)
Art/painting or drawing	29.41%(10)
Crafts	14.71%(5)
Computer/Technology	32.35%(11)
Flower Arranging	14.71%(5)
Gardening	47.06%(16)

 Memoir Writing
 8.82%(3)

 Other
 17.65%(6)

#### 12. If you answered "Other", please identify below.

Answered: 9 Skipped: 40

- Environmental issues, water quality, wildlife
- They should be taught by "outsiders". I don't think the younger staff relates very well to the older population.
- Please see my answers to #7 & 10 above
- not at this time, I work full time. maybe in a few years
- legal, business, estate planning
- No thanks
- guess we should of had some of these on #5... do you have a lot show up for Yoga??
- Pottery
- cooking (to balance the exercise classes

# 13. Would you be interested in attending any of the following informational speaker presentations?

Answered: 28 Skipped: 21 Identity Theft Prevention 50.00%(14) Preventing Slips and Falls 7.14%(2)Durable Power of Attorney/Living Wills 42.86%(12) Tax information 39.29%(11) **Traveloques** 42.86%(12) Carroll County Transportation Intiative 21.43%(6) Healthy Eating Active Living at any age 35.71%(10) Others 0.00%(0)

### 14. If you answered "Other", please identify below.

Answered: 3 Skipped: 46

- how to publish a book or memoir, cooking classes, scrapbooking, money matters, health clinics (not classes), political forums and exchanges
- Please see my answer to #7 & #10
- No thanks

### 15. Is transportation to and from activities an issue for you?

Answered: 41 Skipped: 8

Yes 2.44%(1) No 97.56%(40)

# 16. Would you be interested in participating in any of the following moderate physical activity classes?

Answered: 25 Skipped: 24

 Tai Chi
 12.00%(3)

 Gentle Yoga
 40.00%(10)

 Chair Exercises
 4.00%(1)

 Walking Groups
 68.00%(17)

 Other Suggestions
 20.00%(5)

#### 17. If you answered "Other Suggestions", please identify below.

- Answered: 7 Skipped: 42
  - Need to be consistent which sometimes yours are not.
  - Please see my answer to #7 & #10
  - Leisure hiking
  - No thanks
  - group discounts for seniors at a fitness center
  - hiking group
  - pilates

#### 18. Would you be interested in participating in any of the following more active physical activity classes?

Answered: 15 Skipped: 34

Jazzercise	40.00%(6)
Aerobics	26.67%(4)
Zumba	46.67%(7)
Dancing	46.67%(7)
Others	13.33%(2)

#### 19. If you answered "Other Suggestions", please identify below.

- Answered: 4 Skipped: 45
- Hiking and kayaking/canoeing trips outdoors, weather permitting
- Please see my answer to #7 & #10
- I do at a gym
- No thanks

### 20. Would you be interested in active physical activities as groups or leagues?

Answered: 24 Skipped: 25

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Softball	20.83%(5)
Tennis	16.67%(4)
Basketball	0.00%(0)
Soccer	4.17%(1)
Running	4.17%(1)
Bowling	25.00%(6)
Hiking	75.00%(18)
Snowshoeing	41.67%(10)
Cycling	20.83%(5)
Other	8.33%(2)

#### 21. If you answered "Other", please identify below.

Answered: 4 Skipped: 45

- Hiking
- Please see my answer to #7 & #10 above.
- No thanks
- Skating at outdoor rink

#### 22. If you answered yes to the above would you be more inclined if the groups or leagues were age defined such as "over 50"?

Answered: 25 Skipped: 24

Yes	52.00%(13)
No	8.00%(2)
Doesn't Matter	40.00%(10)

#### 23. If you answered yes to #22 please note the age breakdowns you'd prefer

Answered: 14 Skipped: 35

Over 40	14.29%(2)
Over 50	50.00%(7)
Over 60	28.57%(4)
Over 70	7.14%(1)

# 24. Does the location of an activity or event influence your participation in an activity?

Answered: 35 Skipped: 14

Yes 25.71%(9) No 74.29%(26)

#### 25. If you answered yes to #24 please identify where you would prefer

Answered: 11 Skipped: 38

The Community Center/Recreation Dept	27.27%(3)
The Lion's Club	45.45%(5)
The Schools	18.18%(2)
The Library	63.64%(7)

# 26. If you answered Lion's Club in #25 do you prefer activities to be in conjunction with the Senior Meals Program?

Answered: 9 Skipped: 40

Yes	22.22%(2)
No	77.78%(7)

#### 27. If you answered yes to #26 do you prefer activities before or after the meal?

Answered: 3 Skipped: 46

Before	33.33%(1)
After	33.33%(1)
Depends on the activity	33.33%(1)

#### 28. Would you be interested in participating in any of the following day Trips?

Answered: 29 Skipped: 20

Clambake	44.83%(13)
Museums	58.62%(17)
Sporting Events	37.93%(11)
Foxwoods	24.14%(7)
Foliage Tour	34.48%(10)
Historical Sites	55.17%(16)
Nature Areas	48.28%(14)
Musical Events	41.38%(12)

Theater Productions 68.97%(20)
Others 10.34%(3)

#### 29. If you answered "Other", please identify below.

Answered: 4 Skipped: 45

- longer, overnight trips with trip leader, say to Vermont, Boston or Maine for an overnight. Need the right trip leader, not a rec dept staff member. You should ORGANIZE the trips, let someone else lead them
- Please see my answer to #7 & #10
- No thanks
- how about one or two night getaways... maine coast... vermont sugar house tour...antique hunting... etc.

#### 30. How much are you willing to contribute toward a trip?

Answered: 35 Skipped: 14

\$1-20	2.86%(1)
\$20-40	17.14%(6)
\$40-50	2.86%(1)
\$50-60	2.86%(1)
\$60-70	0.00%(0)
No limit	2.86%(1)
It would depend on the trip	71.43%(25)

# 31. Would you anticipate that the cost of the trip may prohibit your decision to participate?

Answered: 36 Skipped: 13

Yes 38.89%(14) 61.11%(22)

# 32. Is the length of the day likely to influence your decision to participate in a group trip?

Answered: 38 Skipped: 11

Yes 36.84%(14) 63.16%(24)

### 33. If you answered yes to #32 please identify the time frame you'd prefer?

Answered: 15 Skipped: 34

Under 4 hours	13.33%(2)
Under 6 hours	20.00%(3)
Under 8 hours	13.33%(2)
Up to 12 hours	6.67%(1)
Depends on the trip	46.67%(7)

### 34. Does the return time of a trip influence your decision to participate?

Answered: 37 Skipped: 12

Yes 16.22%(6) No 83.78%(31)

Answered: 2 Skipped: 47

• no night drving

Don't like driving at night

#### 36. Do you have a skill or talent that you'd like to share with others?

Answered: 32 Skipped: 17

Yes 25.00%(8) No 75.00%(24)

#### 37. If you answered "Yes", please identify.

Answered: 7 Skipped: 42

- coaching baseball/softball
- fly fishing
- I teach Jazzercise and sewing
- knitting or chocheting
- I'm a nh F&G ceertified Fishing Instructor & can offer a class to the community
- Business/computer technology teacher
- smocking / stitching craft

#### 38. If yes, would you be willing to conduct activities or teach classes to

Answered: 8 Skipped: 41

 Other Adults/Seniors
 100.00%(8)

 Children
 50.00%(4)

 Teens
 50.00%(4)

### 39. If you answered yes to the above would you volunteer or wish to be paid

Answered: 9 Skipped: 40

# 40. Please share any other ideas, comments or information that you wish to share and may help us in our efforts to provide activities and services to Moultonborough Adults age 50 and up.

Answered: 12 Skipped: 37

- You need to get some better programming for older people. Just a drop-in center with no staff or activities would be great, just to meet freinds and talk over ideas. Your staff just doesn't relate to older people and treat people like children from what I have seen/heard
- As I stated above, I believe that social and recreation events for the citizens are not the obligation of the taxpayers. These valuable services are better provided by volunteer contributions and clubs. Not the Town, State, County, Federal Government, or UN.
- There are enough activities already in our community. 50+ club. library. lion's. women's club. mens breakfast. church groups. we don't need to spend tax dollars and build the empire of the rec department further.
- I think you are trying to create activities for the sake of activities
- I would gladly do demos on chair exercises or less intense forms of Jazzercise and teaching sewing/fitting is one of my passions to get people back into the swing of it!

- Town should provide assistance in paying a subsidy for folks whose income is low and otherwise could not afford these activities. We are wealth town, give back to the seniors!
- Why are you trying to duplicate programs already available to us elsewhere? Please save our tax dollars.
- I don't believe that the town has an obligation to provide programs to me. Focus on infrastructure....we don't need a senior center.
- Before building more ballfields, I feel that you need to improve the services to the majority of the population of Moultonboro. Also, you do not do a good job of getting information out to the population. Because someone is over 50 does not indicate that a person does not work.
- It might be a good idea to have a show and tell about the town website where to find things. Also I am new to New Hampshire and don't really understand the structure of town government. Sometimes information seems to assume some knowledge I don't have, like where is the Lion's Club? An address is never included on any announcements.
- I would like to see a volunteer "Citizens On Patrol" group formed to assist the PD with non dangerous patrols. They could assist as traffic control at special events and accidents, finger printing, crime scene security, vehicle transports, public relations and could even form a "seasonal home watch" program. I suggest this for seniors as they would have a more mature attitude. every hour volunteered would be a savings for the MPD officers.
- One of our primary concerns as we join a number of other older adults moving into and retiring in this area is health care. Hospitals and emergency care are a distance from Moultonborough. It is a concern for your aging population, thank you.

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